

FREE SWIM LESSONS

Saturday 20th August

- 1-1:30pm SS4
- 1:30-2pm SS2
- 2-2:30pm SS1E
- 2:30-3pm SS1E

Monday 22nd August

- 6-6:30pm SS1E & SS1A
- 6:30-7pm SS1E & SS1A
- 7-7:30pm SS1E & SS1A

Saturday 27th August

- 1-1:30pm SS1A & SS1B
- 1:30-2pm SS1A & SS1B
- 2-2:30pm SS1A & SS1B
- 2:30-3pm SS1A & SS1B

Monday 29th August

- 6-6:30pm SS1A, SS1B, SS2
- 6:30-7pm SS1A, SS1B, SS2
- 7-7:30pm SS1A, SS1B, SS2

Saturday 3rd September

- 1-1:30pm SS1B & SS2
- 1:30-2pm SS1B & SS2
- 2-2:30pm SS1B & SS2
- 2:30-3pm SS1B & SS2

Saturday 10th September

- 1-1:30pm SS2 & SS3
- 1:30-2pm SS2 & SS3
- 2-2:30pm SS2 & SS3
- 2:30-3pm SS2 & SS3

Saturday 17th September

- 1-1:30pm SS3, SS4
- 1:30-2pm SS3, SS4
- 2-2:30pm SS3, SS4
- 2:30-3pm SS3, SS4

Monday 19th September

- 6-6:30pm SS1E, SS1A, SS1B, SS2
- 6:30-7pm SS1E, SS1A, SS1B, SS2
- 7-7:30pm SS4

All children from the Learn to Swim programme, or on the waiting list, are invited to attend.

These sessions are being made available free of charge as the instructors will be undertaking a training course. By enrolling your child into the swimming lessons, you are agreeing to allow The Pickaquoy Centre to take photos and/or videos of your child for Scottish Swimming instructor training and promotional purposes. In addition to swim instructor training, these images/videos may be used on Picky's website or social media channels.

Please book by emailing courses@pickaquoy.com and include level, days and times requested, and any medical or additional support needs required. Bookings can not be made through reception.