



# bouldering cave

## Bouldering Cave Rules

- Please don't bring bags or rucksacks into the Bouldering Cave, use Centre lockers for storage.
- Be mindful not to block the exit at any time, it is the only exit.
- Appropriate footwear must be worn at all times - climbing shoes can be hired from reception if needed.
- Keep matting clear at all times – only take rock shoes, chalk bag and water bottle into the Bouldering Cave.
- Be aware of fall zones and never walk under anyone climbing.
- In case of an emergency, the panic button is located just inside the door on the right hand side.
- You may tighten a loose hold if it's within safe reach. If it is out of safe reach, please inform reception or someone from the climbing team.
- Down climb where possible, try to avoid jumping from the top.
- Parents are requested to keep a close eye on children climbing in the Bouldering Cave at all times.
- When there are other climbers in the Bouldering Cave, be aware of where you are standing and be sure to give others enough space.
- You may open the window to let in fresh air but please remember to close it before you leave.

**Thank you for your cooperation.**

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